MANASLU CIRCUIT



Trip Overview

Grand tour Manaslu, Manaslu Larkya La circuit and Manaslu Rupin La circuit trek is arduous trek and require a good experience of trekking and a good physical condition. The trek ascends through Budi Gandaki river to Larkya La Pass 5213m. with attractive views of Himalchuli, Manaslu 8118m, Ganesh Himal and other mountains, beautiful varied landscape and different flora and fauna.

Gallery



Trip Itinerary

- Day 01 - Drive to Arughat local bus service to Soti Khola (730m) – 8 to 9 hours walking. Overnight at teahouse lodge
- Day 02 - Soti Khola to Macha Khola (930m) – 6 to 8 hours walking. Overnight at teahouse lodge
- Day 03 - Macha Khola to Jagat (1.440m) – 6 to 8 hours walking. Overnight at teahouse lodge
- Day 04 - Jagat to Deng (1860m) – 7 hours walking. Overnight at teahouse lodge
- Day 05 - Deng to Namrung (2540m) – 7 hours walking. Overnight at teahouse lodge
- Day 06 - Namrung to Lho (3020m) – 4 hours walking. Overnight at teahouse lodge
- Day 07 - Lho to Samagaon (3450m) – 4 hours walking. Overnight at teahouse lodge
- Day 08 - Acclimatisation day at Samagaon (3.450m). Overnight at teahouse lodge
- Day 09 - Samagaon to Samdo (3860m) – 3 hours walking. Overnight at teahouse lodge
- Day 10 - Rest and acclimatisation day at Samdo (3860m). Overnight at teahouse lodge
- Day 11 - Samdo to Larkya Phedi (4460m) – 3 to 4 hours walking. Overnight at teahouse lodge
- Day 12 - Cross the Larkya La (5135m), trek to Bimtang (3,590m) – 7 to 8 hours walking. Overnight at teahouse lodg

- Day 13 - Bimtang to Dharapani (1860m) – 7 to 8 hours walking. Overnight at teahouse lodge
- Day 14 - Dharapani to Jagat (1430m) – 6 hours walking. Overnight at tea house lodge
- Day 15 - Transfer (Vehicle)to Besisahar over night at guest house
- Day 16 - Drive back to Kathmandu by private car / bus. Check in Hotel…
- Day 17 - Free day, shopping, departure

Cost Includes & Excludes
Includes

- Airport transfers in Nepal
- All hotel accommodation with breakfast – can be arrange for you as Himalayan Sunrise has negotiated extra price in some cooperating hotels or you can book it individually
- All meals on trek
- All internal flights (with Goma Air, Tara/Yeti Air or Buddha Air), inclusive Airport Taxes and 15kg free luggage Permit, National Park Entrance/Conservation Fees, personnel insurance
- All meals on trek
- All internal flights (with Goma Air, Tara/Yeti Air or Buddha Air), inclusive Airport Taxes and 15kg free luggage Permit, National Park Entrance/Conservation Fees, personnel insurance
- Guide and porters on lodge trek
- 12 kg free luggage carried by porter
- Quality service and trek equipment
- Oxymeter

Excludes

- International flights
- Sightseeing with entrance fees, guide and vehicle – we can arrange for you comfortable day with experienced city guide
- Additional tours and meals that are not mentioned
- Beverages
- Personal bills
- Visas
- Excess baggage charge (beyond 12 Kg each)
- Insurance (for cancellation, accident, health, emergency evacuation and loss, theft of or damage to baggage and personal effects)

Availability

Trip Date	Duration	Price	Space Left	Book Now
2023-06-14	14	US $0	20	Book Now