What have people said about this trip?

Wendy and Bishnu offer a wealth of expertise, knowledge and concern for the well-being of everyone on the trip along with lots of laughs and serendipitous treats and surprises. A wonderful experience! Susie G.

I was apprehensive about travelling in a group but this turned out to be delightful. I thought your team...was outstanding in the way that you were always calm, incredibly friendly, funny, patient, attentive, caring and thoughtful. I loved the variety of experiences, including seeing places such as Janakpur, and I'm glad it wasn't a sanitised trip. Kate F.

Be prepared to open your eyes to beauty, even when you're surrounded by rubbish, and let colour do its thing because it will lead you towards joy. Dress up, have fun, celebrate the fact that you're a woman and just do it. You won't regret it.

Deb H.

Wendy and Bishnu's knowledge and love of the country adds so much and...meeting ...[the people we met]... will enrich my life forever. ...The great thing is that you don't need to be a young fit trekker to undertake this trip ...it is also excellent value for money with wonderful local meals, and all accommodation and travel whilst on the Colourful Journey being included in the price. Jan T.

Q&A

When do you travel?

In November/ December each year when the countryside is green after the monsoon and the weather is pleasantly cool. Contact us at:
wendy@afterthemonsoon.com
trek@himalayansunrise.com
for departure dates.

What do I need to pack? What can I expect?

In the months before your departure, we'll send information to help you to get the most your experience. If you are an experienced traveller, some of this will be familiar. If this is your first real adventure, this will help you to feel comfortable, safe and excited rather than nervous!

Do I need to be physically fit?

This is not a trek but on some days we do walk for several hours. The fitter you are, the more you will enjoy yourself. It is more important to be mentally fit! Open, flexible good-humoured and ready for a gentle adventure!